

## myHealth@HC

Hutchinson Clinic is excited to bring our patients the latest advance in personal health care management. Welcome to **myHealth@HC** Patient Health Portal, the next big leap in health technology.

**myHealth@HC** is a secure, convenient way to manage your personal health care online. This **FREE** self-service health management tool can improve interactions with your doctor's office, document important health care information and ultimately give you the ability to make more informed decisions about your health.

### Technical Requirements:

Compatible Browsers: Internet Explorer 7.0 or higher, Mozilla Firefox 2 & 3, Google Chrome 4, Safari 1 & 2

Operating Systems: Windows or Mac

Microsoft Silverlight 4.0 is required (will be prompted if not installed)

Must have a Windows Live ID

## Powered By FollowMyHealth

The next generation universal health record, FollowMyHealth, combines patient-provider communication with a patient-managed personal health record.






hutchinson  
**CLINIC**  
*Setting a gold standard.*

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# my Health@HC

## Manage Your Health Online:

-  Online access from anywhere, anytime.
-  The comfort of a secure environment.
-  Your information and you manage it.

## Features

### Online Access - Anywhere, Anytime

View your health information electronically via web browser.

### The Comfort of Secure Environment

Your health information is posted to a highly secure data repository.

### Your Information - And You Manage It

Review and update your health history and personal profile online.

- Appointment and health reminders
- Health news alerts
- Send and receive messages from your doctors office
- Manage personal health summary
- Conditions active or resolved
- Medications active, completed or discontinued
- Refill prescription online
- Current allergies
- Immunization record
- Procedures scheduled or completed
- Summary of test and lab results
- Summary of vitals
- Social History - personal and family
- Download, fax and email select info. online (ex. Immunization record, school forms, etc.)
- My Doctors - list of physicians related to your health
- Request appointments and view previous appointments
- Keep track of your account balance
- View health info. with other participating health organizations

## Frequently Asked Questions

### How do I sign-up for myHealth@HC?

- ❖ Individuals may sign-up to use **myHealth@HC** during an office visit.
- ❖ The nurse will verify your identity (photo ID required) and notify the myHealth@HC team that you've signed up.
- ❖ Within 5 business days, you will receive an invitation via email to activate your myHealth@HC account.
- ❖ The email invitation will include two links: the first to create a Windows Live ID and a second to populate your online health record.
- ❖ You will be required to enter an **INVITATION CODE**, which is the last four digits of your social security number.

### Is there a timeout setting?

Yes, users will be automatically logged out of myHealth@HC after 10 minutes of inactivity.

### What is Windows Live ID?

In order to use **myHealth@HC**, all users must have a Windows Live ID account. These accounts are free of charge and provide necessary authentication technology in the application. Any existing email address for any email provider can be used when creating credentials for Windows Live ID.

In fact, if you already have a Hotmail account, those accounts are compatible and can be used with myHealth@HC. Sign up for an account at [www.passport.net](http://www.passport.net).

### Can a parent/guardian set up and manage an account for a child/dependent?

At this time, **myHealth@HC** does not support enrollment for children under age 14, adults utilizing a power of attorney or guardianship arrangement, or for records of deceased patients.

#### Turnaround time for information:

Up to 2 weeks to view medical record after signing up

Message Request for a call back or follow up and

Appointment Request - 1 business day

Request for Refill - 2 business days

Lab or Test Results - 7 business days

View Notes from visit - within 15 days.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip Code: \_\_\_\_\_ DOB: \_\_\_\_\_

Email: \_\_\_\_\_

**\*Please have photo ID ready & return form to receptionist**