

TAKE CHARGE of your own treatment when coping with cancer.

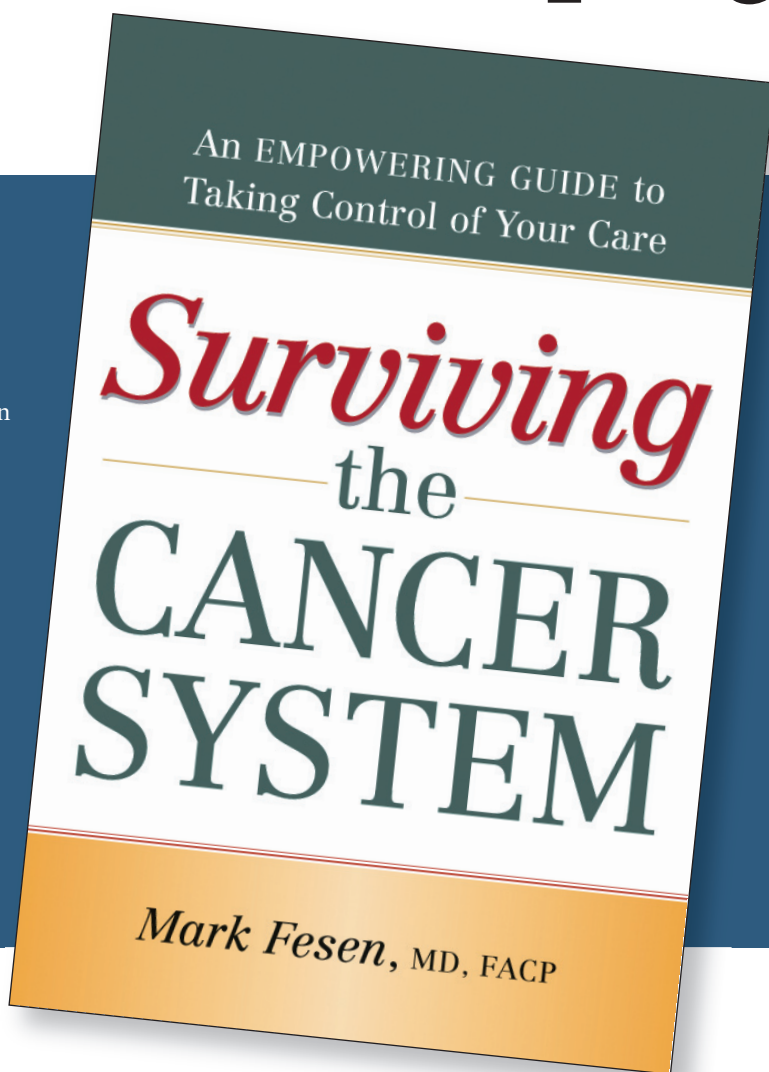
Praise for *Surviving the Cancer System* . . .

“[This] book meets the challenge of containing a wealth of practical information while being remarkably easy to read. It covers so many aspects of cancers that all of us, patients, family members, physicians, and caregivers, will find it a long-lasting reference. It is an honest and often moving account of cancer patients and of your experiences. I recommend this book . . .”

—Dr. Yves Pommier, National Cancer Institute Lab Director

“Cancer itself is understandably overwhelming for the patient and navigating the cancer care system can be daunting. Dr. Fesen provides clear, accurate and practical advice on putting together a care team that the patient will find invaluable and empowering. This book will serve the reader well, like a good friend during trying times.”

—John Glaspy, MD, Professor of Medicine, Director, Women’s Cancer Research Program Area, UCLA School of Medicine



Mark R. Fesen, MD, FACP, is an oncologist and internist with 15 years of clinical practice caring for his patients and their myriad diseases—from

lymphomas and breast cancer to lung cancer, prostate cancer, and colon cancer. He is a graduate of Robert Wood Johnson Medical School and a Fellow of the American College of Physicians. He has trained at the National Cancer Institute and is a clinical assistant professor at the University of Kansas.

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S*urviving the Cancer System* can literally save your life. Written by a respected oncologist and patient advocate, this all-in-one guide takes you inside the system to reveal invaluable strategies for getting the care you need, including:

- How to turn your panic into a proactive plan of action—and avoid potentially fatal delays
- What to look for in an oncologist to ensure that he or she will meticulously coordinate your care and relentlessly pursue treatment options
- How cancers are classified, and why some seemingly ominous prognoses, such as stage IV testicular cancer that has traveled to the brain, are actually highly treatable
- Why fears of the side effects from chemotherapy and radiation are often exaggerated and can cloud your decision-making abilities
- How to decide between perplexing treatment options, such as a mastectomy or a lumpectomy with radiation therapy

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